



# Social & Emotional Intelligence Coaching

*Leadership is not domination. It's the art of persuading people to work toward a common goal.*

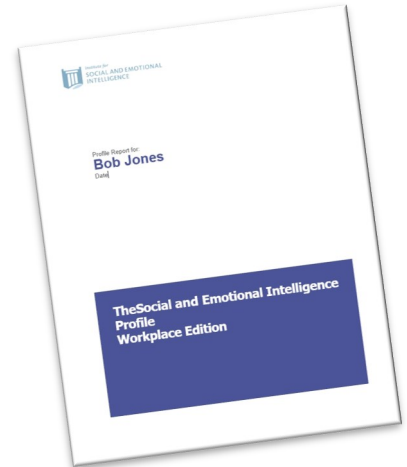
*-Daniel Goleman PhD (author of New York Times best seller Emotional Intelligence & Social Intelligence).*

## Social & Emotional Intelligence Coaching

is a personalized coaching program unique to your leadership and interpersonal needs. You will receive an online assessment profile to help you gain the knowledge of the 26 Social & Emotional Intelligence competencies needed to build your professional awareness and management of yourself and others.

Through this program will you gain the insight every leader needs to know about the value of Social and Emotional Intelligence in the workplace, to build a productive, healthy and positive workforce within their work environment.

You will develop a renewed perspective on how to maximize your strengths, build your interpersonal skills, and develop self-management techniques to work, live and be-well.



## About the Social and Emotional Intelligence Profile (SEIP)

The Social and Emotional Intelligence Profile (SEIP)<sup>®</sup> is the most comprehensive, fully-validated and statistically reliable social and emotional intelligence assessment instrument on the market today. Based on the latest research models of social and emotional intelligence, and the ones in use by over 75 percent of Fortune 500 Companies, the SEIP is being used by professionals around the globe.



**Your coach... Lisa A. Perez, M.A, ACC, NBC-HWC** is a nationally certified and accredited executive coach through the International Coaching Federation (ICF), and is a National Board Certified Health & Wellness Coach. She has an extensive background in leadership, business, and wellbeing & behavioral health with over 25 years experience.

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**VITAL TRANSFORMATIONS**

Work, live and be well.