

Comparison of Social + Emotional Intelligence Assessment Instruments

Competency	SEIP	ESCI	EQ-I 2.0	MSCEIT	EQ Map
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Emotional Self-Awareness	•	•	•	• "perceiving"	• "intuition"
Accurate Self-Assessment	•	(•)	• "reality-testing"	• "understanding" "facilitating thought"	
Personal Power	•	(•) "self-confidence"	• "assertiveness" "self-regard" "independence"		•
Behavioral Self Control	•	• "emotional self-control"	• "emotional expression" "impulse control"	• "managing"	• "expression"
Integrity	•	(•) "transparency"	• "social responsibility"		
Innovation & Creativity	•	(•)	• "problem solving"		•
Initiative & Bias for Action	•	(•)			
Achievement Drive	•	•			
Realistic Optimism	•	• "positive outlook"	• "optimism"		•
Resilience	•	(•)			•
Stress Management	•		• "stress tolerance"		•
Personal Agility	•	• "adaptability"	• "flexibility"	• "managing"	
Intentionality	•		• "self-actualization"		•
Empathy	•	•	•	•	• "compassion"
Organizational Awareness	•	•			
Service Orientation	•	(•)			
Communication	•	(•)			
Interpersonal Effectiveness	•		• "interpersonal relationships"		• "social support"
Powerful Influencing Skills	•	•			
Conflict Management	•	•	• "problem solving"		• "constructive discontent"
Inspirational Leadership	•	•			• "vision"
Catalyzing Change	•	(•)			
Building Bonds	•				•
Teamwork & Collaboration	•	•			
Coaching/Mentoring Others	•	•			
Building Trust	•				•