

# Conflict Dynamic Coaching

## **Conflict Dynamics Coaching,**

is a personalized coaching program unique to your leadership and interpersonal needs. You will develop a healthy perspective of what conflict is, and how you can face conflict with a renewed understanding that conflict is inevitable; how we deal with it can be an opportunity for personal growth and understanding.

As part of your coaching program, you will receive an online assessment (called the Conflict Dynamic Profile), a conflict development guide, 1:1 coaching sessions and/or group presentations to help you, and/or your team, gain a greater awareness of how to effectively respond and manage conflict.

Through this program you will gain valuable insight on constructive and destructive conflict traits, and the awareness of potential hot buttons.

As a result, you will acquire a greater understanding of how you can effectively deal with conflict in a productive, healthy and well-manner.



*Conflict Dynamic Profile Feedback Report  
& Development Guide*

## **Client Testimonial:**

*“Working with Lisa Perez through the Conflict Dynamic Coaching has helped me gain a better understanding of how to use constructive responses to conflict versus destructive responses. It also gave me the insight to recognize that conflict is unavoidable and how to respond to conflict. The program has been beneficial for myself as well as for my team. I highly recommend this program.”*

M. Freeman,  
Chief Human Resource Officer

## **For more information contact:**

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